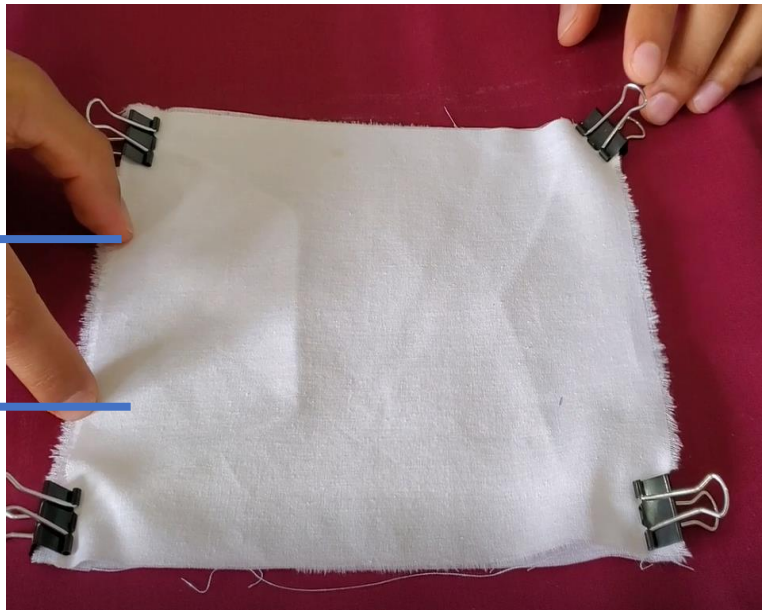
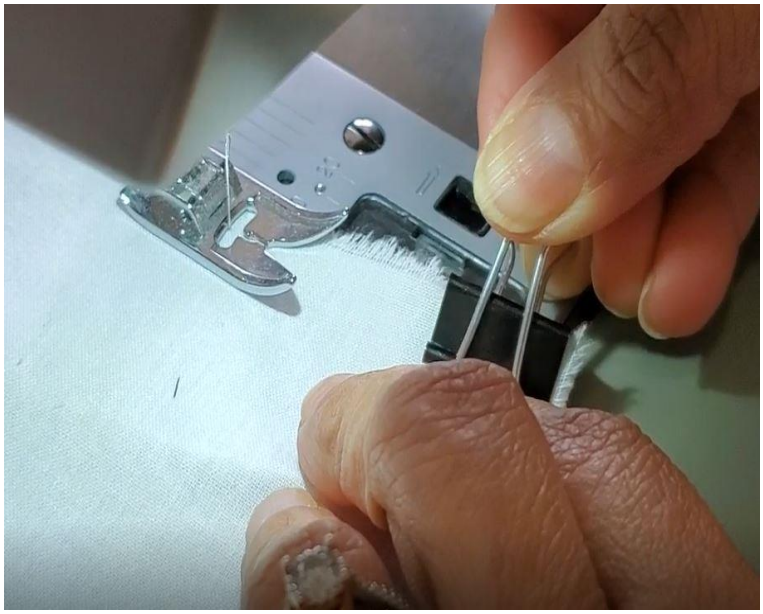
Materials for one mask

Place elastic half inch above corner of mask as shown

Pin each side and place other elastic on other side. Each elastic should be approximately half inch from bottom of cotton.



Stitch once all the way around leaving room for the gap noted by the finger placement.
(i.e. start from the one finger a third up and stich all the way around to a third up on that same side)



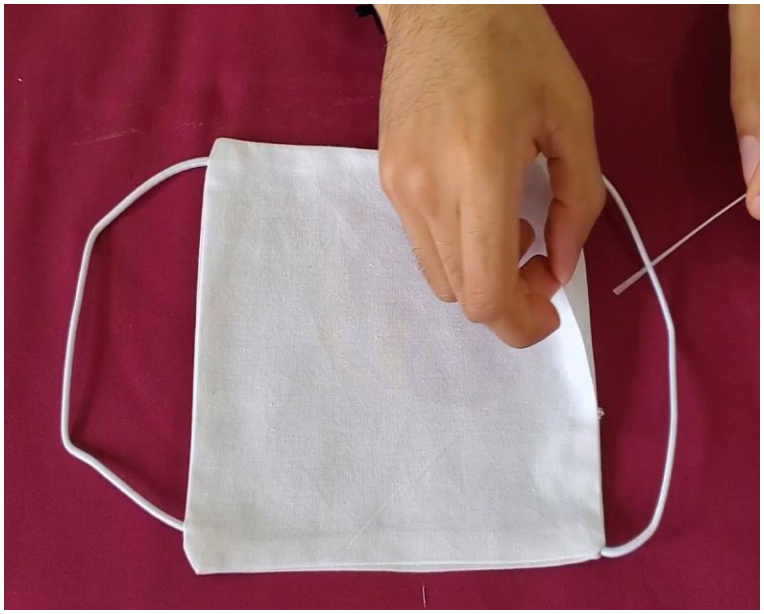
Start sewing along lines and stitch over the elastic twice
(i.e. reverse then stitch again to maintain strength)

Leave room for gap so you can turn inside out

Turn mask inside out

Use a something such as a rod or stick to push out all corners.

If you have use iron to flatten out mask



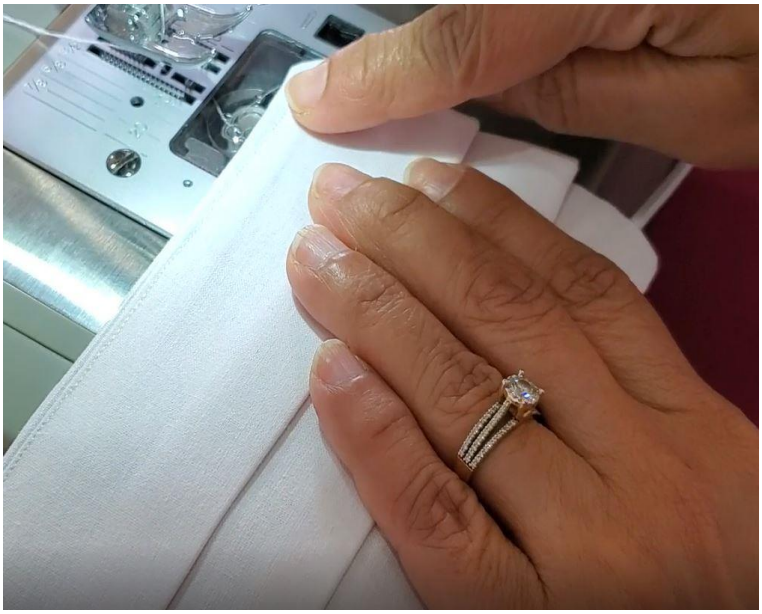
Place metal strip inside mask

Push stick all the way to the top

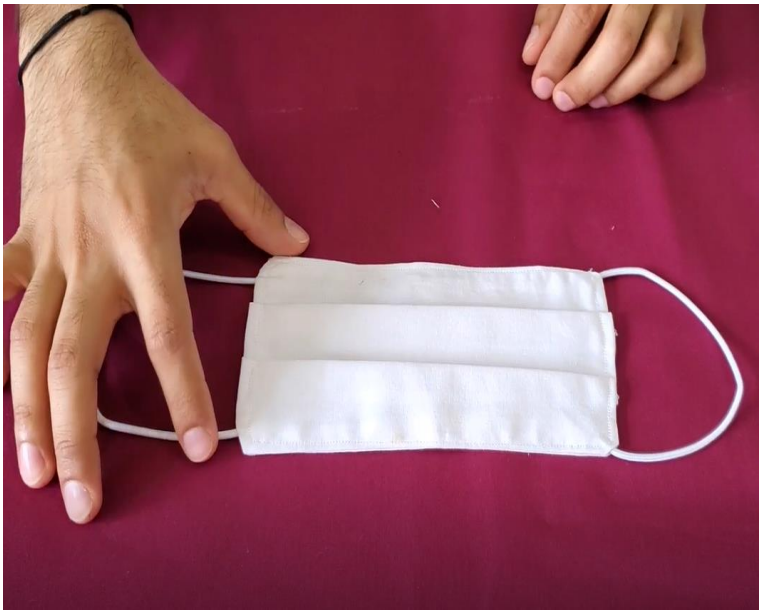
Sew below where you placed the metal strip so it will stay in place

Fold to try and make thirds, and iron after each fold

Try to make final height of mask with folds approximately 3.5 inches



Sew one more time all the way around, don’t hit wire you put in earlier and not too far from edge



Here your mask should now be similar on both sides and approximately 3.5 inches height